

Weydii dhakhtarkaaga  
hadii aad suuqo qabtid.



Laimoo, diwanada tallaalkaaga iyo kuwa kale  
ee caafimaad markasto oo aad aragto  
shaqaale caafimaad halkan iyo mareykanka



Maxaan ubaahanahay  
inaan ka ogaado  
tallaalka?



IOM • OIM

©2017 International  
Organization for Migration (IOM)



Helida tallaalka  
intaadan dhoofin  
kahor waa furaha  
adhiga iyo reerkaga  
aad mareykan ku  
aadi leheed

Bayaanka macluumaadka tallaalka



IOM • OIM

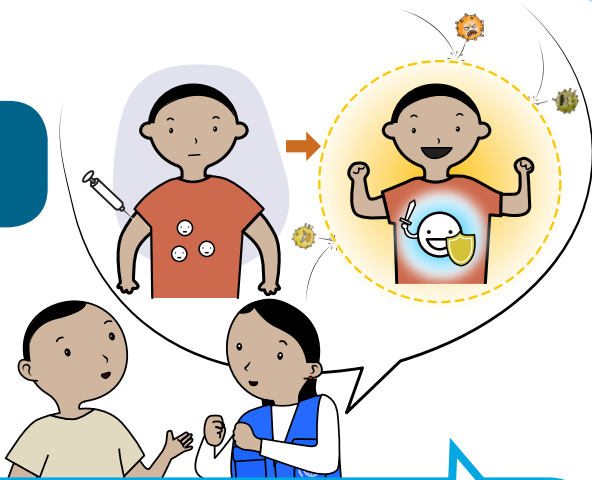
Maxay tahay sababta aan u tallaalo?



### Tallaalada wexey kaa ilaalinayaan cudurada halista ah adiga iyo reerkaaga.

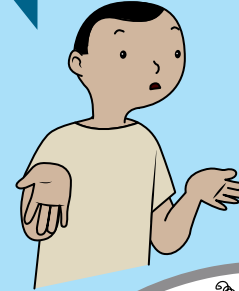
Helitaanka qaar ka mid ah tallaalada hada waxay kaacaawin doonaan adiga iyo qoyskaagaba in eey kadifaacaan cuduradan. Waxay sidoo kale fududayn doontaa dib u dejintaada iyo dhexgalkaaga mareykanka.

Sidey ushaqeeyaan tallalada??

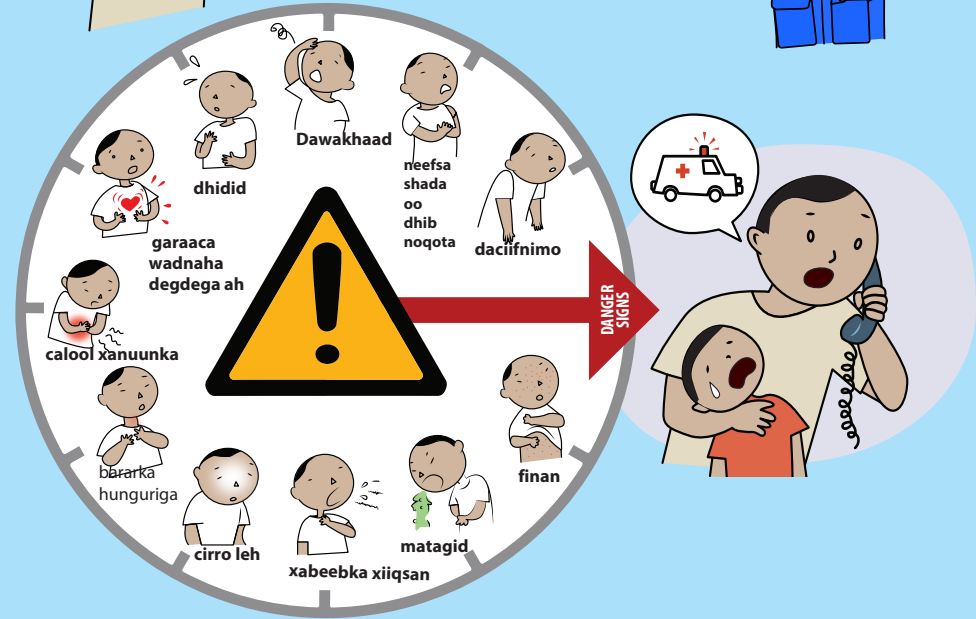


**Tallaalku wuxuu qofka kadhigaa kahor tagga cuduradan isagoo aan marka hore xanuunsanayn.** Tallaalada waxaa laga sameeyay isla bakteeriyada ama fayras sababa cudur laakin qaab badbaado aah. Kani wuxuu kaa caawinayaa kahortaga inaad u bukooto cuduradan.

Maxaa dhici karaa tallaalka ka dib? Iyo maxaan sameen karaa?

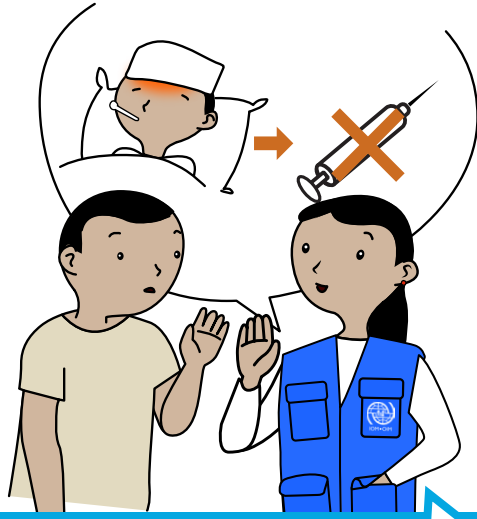


Si dhakhso leh u raadso caawimaad caafimaad lana xiriir dhakhtarka guddiga IOM, hadii aad ku aragto mid kamid ah waah yabaaha soo socota dhowr saacadood tallaalka kadib. Wah yabaahan waa khatar laakin waa naadir.



Notes:

Goorma ayaa laistallaali karin?



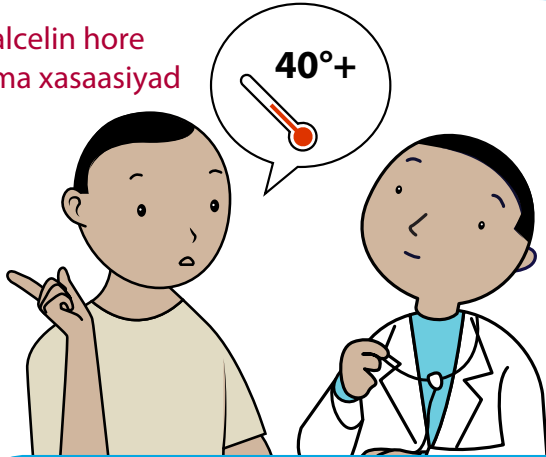
Dhakhtarka ayaa go aanka gaaraya tallaalada ay tahay inaad qaadatid.. qaar kamid ah caruurta iyo dadka waaweyn oo ay kujiraan haweenka uurka leh maaha inay qaatan tallaalada qaarkood.

Waamaxay khatarta eey leeyihiin tallaalada??



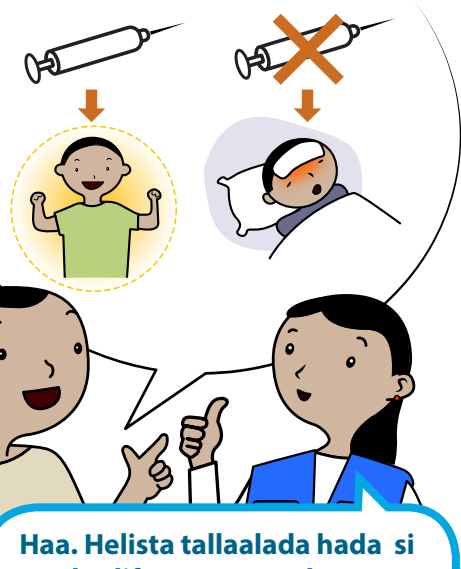
Ficil celis fudud oo aan khatar ahayn ayaa kudhici kara hal qof afarti qofba. Xasaasiyadaha fudud sida damqasho, gaduudasho, misee barar ayaa isla markaas dhici karaa. Kadib ne hal ama laba maalmood gudhood ku baabii karaan . Ficil celinno aad u daran aya waliba dhici karaa, laakin had iyo goor maaha. Dhakhtarkaaga iyo kalkaaliyahaaga caafimaad ayaa loo taba baray inay daaweeynayaan. Lagamayaabo in tallaalka uu keeni doono waxyaalo weyn oo qatar ah.

Falcelin hore ama xasaasiyad



Usheeg dhakhtarkaaga iyo kalkaalisada hadii adiga ama cunugaaga aad darenten waah halis aah tallaalki hore kadiib ama xasaasiyad daran, (ficil celinta iyo xasaasiyada waa dhif) gaar ahaan khamiirka ama dawooyinka loo yaqaan neomycin, streptomycin mise polymyxin.

Tani wexey ka dhigan tahay inay ka aamin badantahay in hadda lahelu tallaalada halkii laga qaadi lahaa cudurka waqti dambe.



Haa. Helista tallaalada hada si eey kudifaacaan aya daanta qaadista cuduradan halista ah.

## Talaaladan lagu taliyay waxay ka hortagi karaan sadx iyo toban cudur oo halis ah!



Fayras	Calaamadaha waaweyn iyo dhibaatooyinka
Jadecada	Qandho, finanka, caabuqa dhagta, suuxdin, dhaawaca maskaxda.
Qaamo-qashiirta:	Qanjirada bararsan, daago beelid, qoorgooyaha
RUBELLA	Qandho, finanka, bararka kalagoysyada jirka, ciladaha dhalashada
Cagaarshowga nooca B	dhaawac beerka, kansarka beerka
Dabeesha	Curyaannimo
Bus-Buska	Bus-buska, oof wareen, dhawaaca maskaxda
Fayraska rota	Shuban daraan
<b>Bakteeriyada</b>	
Hargab nooca B	Qoor gooyaha, oof wareen, caabuqa dhiiga
Gowractada:	Cabuqa cunaha, neefsashada iyo dhibaatooyinka wadnaha
Teetanada	aaf hirida, jirka adkeynta
Xiiq dheerta	caabuqa dhagta
Oof wareen	qoorgooyaha, oof wareen, caabuqa dhiiga.
Qoor gooyaha	qoor gooyaha, caabuqa dhiiga

## Tallaalada wexey kaa ilaalinayaan cudurada halista ah adiga iyo reerkaaga

